1. Circulatory System

**Station A**

a) Books:  
Science and Technology 8  
The Body  
Amazing Human Body  
Blood and Circulation

b) Posters:  
The Heart  
The Blood Circulation System (from Flip Chart)

c) Worksheets:  
Fill-in the blanks  
Diagram of heart, to colour and label (red – oxygen rich; blue – oxygen poor)

d) Models of a Heart  
Large and small

**Station B**

e) Computers with heart rate sensors connected  
Heart rate record worksheet to record data  
Handout of target heart rates

2. Digestive System

**Station A**

a) Books:  
Science and Technology 8  
The Body  
Amazing Human Body  
The Human Body

b) Posters:  
The Digestive System (Flip Chart)  
The Digestive System  
Digestive System (Wall Chart)

c) Worksheet:  
Fill-in the blanks

**Station B**

d) Digestive System Puzzle  
Place organs and labels on outline of body  
Blackline masters:  
1.23.1 Outline of Body Blackline master  
1.23.2 The Digestive System
3. Respiratory System

**Station A**

a) Books:
   - Science and Technology 8
   - The Body
   - Amazing Human Body
   - The Human Body

b) Posters:
   - The Lungs and Respiratory System

c) Worksheet:
   - Fill-in sheet

**Station B**

d) Lab:
   - Measure the Capacity of Your Lungs

4. Skeletal System

**Station A**

a) Books:
   - Science and Technology 8
   - The Body
   - Amazing Human Body
   - The Human Body

b) Posters:
   - The Skeleton
   - The Human Spine – Disorders

c) Worksheet:
   - Fill-in the blanks

**Station B**

d) Lab:
   - Are Women More Agile Than Men?
   - The Uncontrollable Foot